

Pioneer Gymnastics News

January / February, 2008

(402)483-1304

REFER A FRIEND

You can help Pioneer Gymnastics Academy grow by referring a friend. If your friend signs up for classes, we will give both of you a \$5.00 credit. The more friends that you refer and sign up the more credits you can accumulate. You can pick up referral forms from the office.

GYM ATTIRE

Please be sure and put any hair that touches the shoulders up in a pony tail. Long hair in the gym poses a risk to the gymnast as it can get caught up between their hands and the floor and even wrapped up around the bars. It is also difficult for coaches to spot gymnasts with long hair as it gets in the way.

All girls over the age of 10 should be wearing a leotard in the gym. T-shirts if worn must be tucked in as they can flip up over the gymnasts head or get wrapped around the bar or the coaches hand. If the gymnasts wear shorts please make sure they don't have exposed strings as they to can get wrapped around the bars and cause a potential injury.

Jeans should not be worn in the gym as they have a limited amount of movement. Socks may be worn but we don't recommend them as they can be very slippery on the vinyl mats and the beams.

There should be no jewelry or hard headbands worn in the gym. Stud type earring are acceptable but hoops and dangles are not.

T-SHIRTS FOR SALE

Check out our new t-shirts and warm-ups that we have for sale. The t-shirts come in Lime Green and Tangerine Orange. They are similar to the shirts worn by the staff but

they say "Gymnast" instead of "Staff". We also have t-shirts for parents that say "Proud Parent" on the front with the gym logo on the back. T-shirts are \$16.00 each.



BILLING POLICY

Please remember that tuition is due the first class of each month. We will be sending reminder notices out the second week of the month. Any tuition not received by the 15th of the month will be assessed a \$10.00 late fee and a notice will be sent out a second time.

Please remember that our session runs through May. If you intend to drop your class please notify the office otherwise you will be billed.

MAKE UP POLICY

Pioneer Gymnastics offers one make up per month per student. If you know that your child will miss a class please notify the office as soon as possible so that we may schedule you a make up class. This will also help us be able to use your missed class for a make-up for another student. In the event that your child is ill please call us that same day and we will be happy to find you a make up time once they are well again.

CHALK IT UP CLASSIC

Our bi-annual Chalk It UP Classic will be held at the Bison Youth Sports Complex on February 22 and 23. This meet will feature AmeriKids level 2 - 8 gymnasts from all over Nebraska and the surrounding states. More information will be available as the meet gets closer.

BIRTHDAY PARTIES

Having a birthday soon? If so you may want to consider having it at Pioneer Gymnastics. Our parties are lots of fun and we take care of the mess! Visit us on-line for more information.

www.pioneergym.com

FUNDRAISER

Thank you to everyone who participated in our fundraiser. Your 10% profit will be credited back to your account for the month of January. We will be having another fundraiser this spring to help send our team kids to summer camp.