

Pioneer Gymnastics Academy

2009 Summer Registration Form

Student Information			
Child's Name	M or F	Age	
Home Phone	Birth date		
Address			
City	Zip		
School	Grade		
E-Mail			
Parent Information			
Mom's Name	Cell Phone		
Employer	Work Phone		
Dad's Name	Cell Phone		
Employer	Work Phone		
Class Information			
Level	Monthly Fee		
Day	Less 2 nd child disc.		-
Time	Registration Fee		\$10.00 or \$15.00
Reminder: <i>Please enclose your non-refundable \$10.00 or \$15.00 registration fee. The tuition will be due on or before the first class of the month.</i>		Sub-Total	
		Amount Paid:	
		Balance Due	
<p>By the very nature of the activity, gymnastics carries a risk of physical injury. No matter how careful the gymnast and coach are, no matter how many spotters are used, no matter what height is used or what landing surface exists, the risk cannot be eliminated. Risk can be reduced but never eliminated. The risk of injury includes minor injuries such as bruises and more serious injuries such as broken bones, dislocations and muscle pulls. The risk also includes catastrophic injuries such as permanent paralysis or even death from landings or falls on the back, neck, or head.</p> <p>Parents Signature: _____ Date: _____</p>			

All classes are filled on a first come first served basis.

Our Classes

Parent-Tot classes are designed for boys and girls between 18 months and 3 years of age. This class is intended for the parent and child to experience together, exploring the many aspects of basic gymnastics movement on the beams, bars, pit, trampoline and floor. Parents are involved in the class to encourage the young gymnast and to help them through their circuits.

Pre-School classes are intended for boys and girls between the ages of 3 and 5. While in this class our students will be exposed to all the gymnastics events with the addition of pit and trampoline. They will learn basic skills on each of these events utilizing equipment especially designed to meet the needs of our smaller gymnasts.

Pre-Beginner classes bridge the gap between the pre-school gym and the main training facility for our kindergarten aged students. This class will teach kindergarten aged boys and girls basic gymnastics skills on the competitive sized equipment in an age appropriate manner.

Beginner and Advanced Beginner Girls classes are offered to girls between the ages of 6 and 12. These classes will teach the school aged gymnast the basic skills on each of the four Olympic events for girls; Vault, Bars, Beam and Floor. We teach this class using circuits and basic progressions. By using a variety of equipment including pit, trampoline and basic drill stations, we keep our classes full of non-stop activity.

Beginner and Advanced Beginner Boys classes are offered to boys between the ages of 6 and 12. These classes will teach the school aged boys the basic skills on each of the six Olympic events for boys; Floor, Pommel Horse, Vault, Rings, Parallel Bars and High Bar. The boys classes are full of activity and challenges to satisfy the needs of our students.

Intermediate and Advanced Girls classes are offered to those students who, by our staffs determination have met the necessary requirements. While in this class, students will be exposed to more advanced gymnastics skills and may even be offered the opportunity to be a part of our competitive program.

Tumble and Jump classes are offered to those students who wish to develop their tumbling and jumping skills for cheerleading. Classes will be taught using basic tumbling progressions, flexibility training and conditioning to develop skills.

High School Tumbling and Tramp classes are available to students in Jr. and Sr. High school who wish to continue working on their tumbling skills either to stay in shape or to enhance cheerleading abilities.

Competitive Teams are available to a select group of boys and girls ages 6 and over who have shown a high level of skill proficiency and potential as well as a desire to show off their talents in a competitive environment.

Open Gyms are available from time to time for students and friends to explore, play and practice their skills in a fun and energetic environment.

(402)483-1304

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Class Level Class Length	Ages Ratio	Starting Times	Days Offered	Session Tuition
Parent-Tot 40 minutes	18mth - 2 yrs 6:1	10:30am 6:30pm 11:30am	W M, W S	1 day per week \$50.00 / month
Pre-School 45 minutes	3 - 5 years 6:1	9:30am 10:30am 4:30pm 5:30pm 6:30pm	M, W, S T, Th, S M, T, W, Th M, T, W, Th T, Th	1 day per week \$50.00 /month 2 day per week \$95.00 / month
Pre-Beginner 50 minutes	Kindergarten 7:1	10:30am 1:00pm 4:00pm 5:00pm 6:00pm	M, S M, W T, Th T, Th T, Th	1 day per week \$55.00 /month 2 day per week \$100.00 / month
Beginner Girls and Adv. Beg. Girls 55 minutes	6 - 12 years 9:1	9:30am 10:30am 4:00pm 5:00pm 6:00pm	S M, W T, Th T, Th T, Th	1 day per week \$55.00 /month 2 day per week \$100.00 / month
Beginner Boys Adv. Beg. Boys 55 minutes	6 - 12 years 9:1	5:00pm	T, Th	1 day per week \$55.00 /month 2 day per week \$100.00 / month
Inter. / Adv. Girls 90 minutes	7 - 13 years 9:1	11:30am 7:00pm	S T, Th	1 day per week \$70.00 2 day per week \$125.00
Tumble and Jump 55 minutes	9 - 12 years 8:1	6:00pm	T, Th	1 day per week \$55.00 /month 2 day per week \$100.00 / month
Jr./Sr. High Tumbling 60 minutes	13 - 18 years 9:1	8:30pm	T, Th	1 day per week \$55.00 / month 2 day per week \$100.00 / month.

Note: All classes are offered once a week. You may however, register for two classes per week and pay the adjusted rate.

Classes Begin: June 1st, 2009

Registration Procedures

1. Choose your class: Since this is a new schedule, everyone must fill out and return a new registration form for the 2009 summer. If you are unsure as to which class to enroll your child into, please call our office at 483-1304 and we will be happy to assist you. In the event that the class you choose is not available, we will call you to find a different time.
2. Fill out the registration form: Please fill out all sections of the registration form. Notice that we have discounted rates for students who come twice a week. Don't forget to include your email address and sign the release form.
3. Enclose your registration (INSURANCE) fee: We can not process your registration without having the registration fee paid. The required registration fee for the summer is \$10.00 for one child or \$15.00 per family. This fee covers accident insurance as well as registration processing fees. The summer registration (insurance) fee is good until August 31st, 2009. The class tuition is due on the first class of each month.
4. Mail check and registration form: Please mail or bring your completed registration form and registration fee to Pioneer Gymnastics Academy, 7545 Pioneers Blvd. – Lincoln, NE 68506. The sooner you register the more likely you will get your first choice of classes.
5. Tuition: *Tuition payments are due on or before the first class of each month.* Payments may be dropped in the payment box next to our front door or mailed to the gym. We accept checks, cash and Visa or Master Card for payments.
6. 2nd child discount: Families with more than one student enrolled may take a 10% discount off each additional child's tuition of equal or lesser cost.
7. Refunds: In the event that you must drop your class, please notify our office before the start of the month being dropped. The registration fee can not be refunded. No refunds may be given for classes missed.
8. Sessions: This summer we will be running 3 monthly sessions each containing 4 classes.
June: June 1 - June 27
July: June 29 - July 25
August: July 27 - August 22
Fall classes will begin on September 1
9. Make-Ups: If your child misses a class due to an illness, injury, church, school or family function, you may make up that class. Make ups are only allowed if we are notified before the absence. We must also limit the number of make ups to one per month.
10. Gym Closings: Pioneer Gymnastics will be closed on the following dates:
July 4, 2009
11. Severe Weather: Pioneer Gymnastics Academy will not be relying on LPS judgement for school closings. In the event of bad weather, please call the gym to see if we are open.
12. Questions?? Call us at: **(402)483-1304**
13. Fall Schedule: The fall class schedule will be available in early July.
13. All classes are filled on a first come first served basis. Register early to assure your first choice of classes.